

Trans-Specific Power and Control Tactics

	Tactics Used Against Trans Partners	Tactics used By Trans Partners
Safety. Outing. Disclosure.	- Threatening to “out” you to your employer, friends, or family members - Threatening to take the children or turn them against you	- Threatening to tell your family, friends, employers that you aren't who you say you are (e.g. straight, lesbian...) - Turning the children against you
Community attitudes	- Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... - Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you - Stating you would harm the LGB and/or T community if you exposed what was happening	- Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... - Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you - Stating you would harm the LGB and/or T community if you exposed what was happening - Using "cisgender" as a slur and insult
Gender stereotypes (& transphobia)	- Telling you they thought you liked “rough sex” or “this is how real men/women like sex” - Declaring you are not a real man/woman - Telling you that nobody will ever love you - Telling you that you don’t deserve better and/or would never find a better partner - Claiming they know what’s best for you, how you should dress or wear makeup (or not) etc.	- Claiming they are just being “butch” or that “it’s the hormones” (to explain their violent behavior) - Telling you that there is no way to have safer sex with trans bodies, so you'll have to have unprotected sex - Threatening suicide, especially while reminding you of how many trans people commit suicide - Demanding greater share of clothing/grooming funds because their safety is at stake - Claiming they make a better or more attractive man or woman than you do

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Using or undermining identity	- Using pronouns not preferred by you or calling you “it” - Calling you pejorative names - Ridiculing how your body looks - Telling you that nobody would believe you because you’re transgender	- Accusing you of not allowing hir to have a “proper adolescence” - Claiming that your identity “undermines” or is “disrespectful” of theirs - Stating that trans people are superior because they don’t limit themselves to a restrictive binary and sex role stereotypes
Violating boundaries	- Eroticizing/fetishizing your body against your will - Touching parts of your body you don’t want touched, or using terms about your body they know you find offensive - Forbidding you to talk to others about transgender topics	- Denying that you are affected by transition or by being partnered with a trans person - Charging you with “not being supportive” if you ask to discuss questions of transitioning timing and/or expense - Forbidding you to talk to others about transgender topics
Restricting access	- Denying access to medical treatment or hormones, or coercing you to not pursue medical treatment - Hiding or throwing away hormones, clothes, prosthetics, or other trans-specific items - Negating your personal decisions - Controlling finances to not allow for purchase of hormones, surgery, clothes, make up, prosthetics	- Not allowing you to talk to or see your friends - Denying access to parts of the house or apartment (where hormones or clothes may be stored) - Negating your personal decisions - Controlling finances in order to prioritize paying for hormones, surgery, trans-related items (even if risking not paying for rent, food or mutual expenses)

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