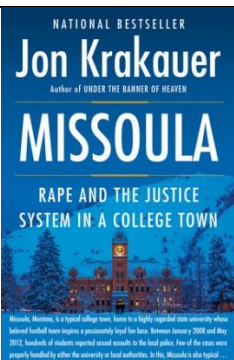
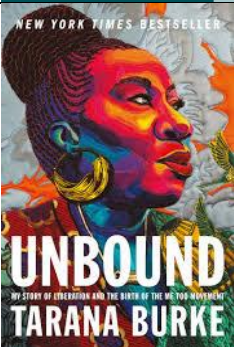
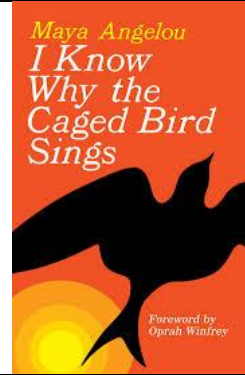
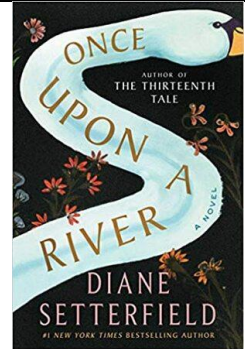
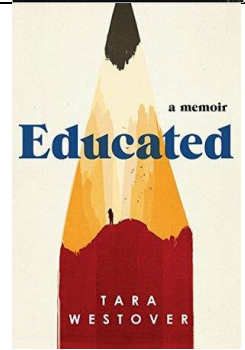
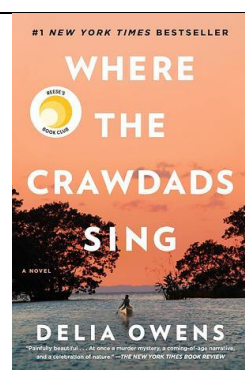
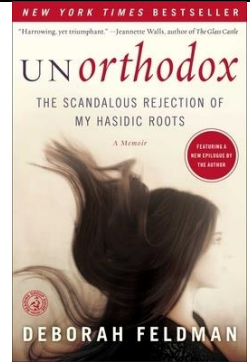
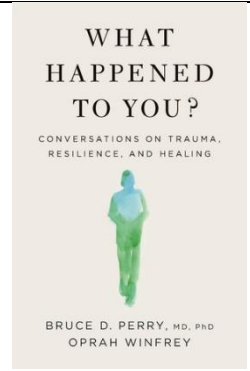

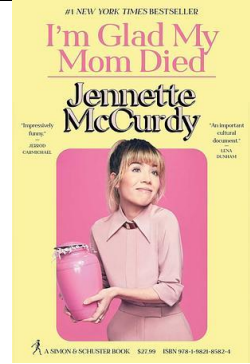


Book	Description	Topics/Warnings
These are the covers of with the most common artwork for each title.	This book list is an exploration of the complexities of sexual assault. RESTORE advocates have compiled it from our experience locally along with national recommendations. This list represents various lenses, genres and voices surviving sexual violence. These books can be used for classes, groups, clubs or to learn and grow as an individual. RESTORE advocates are available to process any questions, challenges or emotions that may come up in reading of these books. If you have read a book that is not on the list, but think that it should be, please call the hotline and share the title and author and our advocates will add it to our "to read" list. We can only end sexual violence when we unite together. No matter what.	These are the themes of the books. All of the books on this list will contain sexual violence either explicitly or implicitly.
	Missoula, Montana, is a typical college town, home to a highly regarded state university whose beloved football team inspires a passionately loyal fan base. Between January 2008 and May 2012, hundreds of students reported sexual assaults to the local police. Few of the cases were properly handled by either the university or local authorities. In this, Missoula is also typical.	College, Title IX, Media, College town, Rape culture
	Universally acclaimed, rapturously reviewed, and an instant <i>New York Times</i> bestseller, Chanel Miller's breathtaking memoir "gives readers the privilege of knowing her not just as Emily Doe, but as Chanel Miller the writer, the artist, the survivor, the fighter." (<i>The Wrap</i>). Her story of trauma and transcendence illuminates a culture biased to protect perpetrators, indicting a criminal justice system designed to fail the most vulnerable, and, ultimately, shining with the courage required to move through suffering and live a full and beautiful life.	College, Media, Trauma processing
	From the founder and activist behind one of the largest movements of the twentieth and twenty-first centuries, the "me too" movement, Tarana Burke debuts a powerful memoir about her own journey to saying those two simple yet infinitely powerful words—me too—and how she brought empathy back to an entire generation in one of the largest cultural events in American history.	Black Experience, #MeToo



	<p>Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. <i>I Know Why the Caged Bird Sings</i> captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide.</p>	<p>Black Experience</p>
	<p>Once Upon a River by Diane Setterfield is a captivating read for anyone who delights in mysterious and atmospheric storytelling, rich in folklore and family secrets, and is willing to immerse themselves in a suspenseful and romantic tale that explores the complexities of love, loss, and identity</p> <p>Those who dwell on the river bank apply all their ingenuity to solving the puzzle of the girl who died and lived again, yet as the days pass the mystery only deepens. The child herself is mute and unable to answer the essential questions: Who is she? Where did she come from? And to whom does she belong?</p>	<p>Child death, grief</p>
	<p>Educated by Tara Westover is a powerful and thought-provoking memoir that will resonate deeply with readers who value self-discovery, resilience, and the transformative power of education, making it a must-read for anyone seeking a story of hope, courage, and the unbreakable human spirit.</p> <p>Her father forbade hospitals, so Tara never saw a doctor or nurse. Gashes and concussions, even burns from explosions, were all treated at home with herbalism. The family was so isolated from mainstream society that there was no one to ensure the children received an education and no one to intervene when one of Tara's older brothers became violent.</p>	<p>Poverty, violence</p>
	<p>For years, rumors of the “Marsh Girl” have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life—until the unthinkable happens.</p> <p><u>Where the Crawdads Sing</u> is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps.</p>	<p>Poverty, violence</p>

	<p>As a member of the strictly religious Satmar sect of Hasidic Judaism, Deborah Feldman grew up under a code of relentlessly enforced customs governing everything from what she could wear and to whom she could speak to what she was allowed to read. Yet in spite of her repressive upbringing, Deborah grew into an independent-minded young woman whose stolen moments reading about the empowered literary characters of Jane Austen and Louisa May Alcott helped her to imagine an alternative way of life among the skyscrapers of Manhattan. Trapped as a teenager in a sexually and emotionally dysfunctional marriage to a man she barely knew, the tension between Deborah's desires and her responsibilities as a good Satmar girl grew more explosive until she gave birth at nineteen and realized that, regardless of the obstacles, she would have to forge a path—for herself and her son—to happiness and freedom.</p>	<p>Judaism, teenage abuse</p>
	<p>Through deeply personal conversations, Oprah Winfrey and renowned brain and trauma expert Dr. Bruce Perry offer a groundbreaking and profound shift from asking “What’s wrong with you?” to “What happened to you?”</p> <p>Here, Winfrey shares stories from her own past, understanding through experience the vulnerability that comes from facing trauma and adversity at a young age. In conversation throughout the book, she and Dr. Perry focus on understanding people, behavior, and ourselves. It’s a subtle but profound shift in our approach to trauma, and it’s one that allows us to understand our pasts in order to clear a path to our future—opening the door to resilience and healing in a proven, powerful way.</p>	<p>Trauma, healing</p>
	<p>As I wrote <i>Finding Me</i>, my eyes were open to the truth of how our stories are often not given close examination. We are forced to reinvent them to fit into a crazy, competitive, judgmental world. So I wrote this for anyone running through life untethered, desperate and clawing their way through murky memories, trying to get to some form of self-love. For anyone who needs reminding that a life worth living can only be born from radical honesty and the courage to shed facades and be . . . you.</p> <p><i>Finding Me</i> is a deep reflection, a promise, and a love letter of sorts to self. My hope is that my story will inspire you to light up your own life with creative expression and rediscover who you were before the world put a label on you.</p>	<p>Black experience</p>
	<p>Jennette McCurdy was six years old when she had her first acting audition. Her mother’s dream was for her only daughter to become a star, and Jennette would do anything to make her mother happy. So she went along with what Mom called “calorie restriction,” eating little and weighing herself five times a day. She endured extensive at-home makeovers while Mom chided, “Your eyelashes are invisible, okay? You think Dakota Fanning doesn’t tint hers?” She was even showered by Mom until age sixteen while sharing her diaries, email, and all her income.</p> <p>In <i>I’m Glad My Mom Died</i>, Jennette recounts all this in unflinching detail—just as she chronicles what happens when the dream finally comes true. Cast in a new Nickelodeon series called <i>iCarly</i>, she is thrust into fame. Though Mom is ecstatic, emailing fan club</p>	<p>Trauma, mental illness, eating disorder</p>

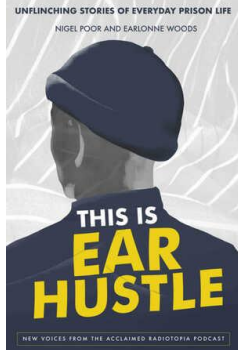
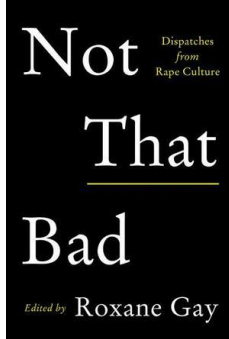


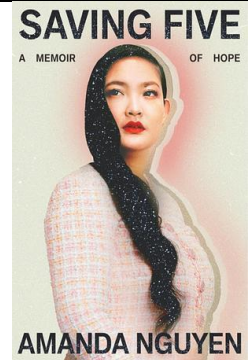
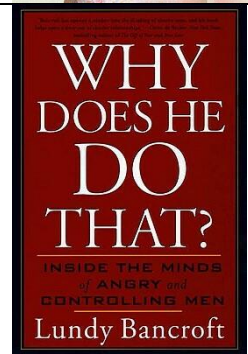
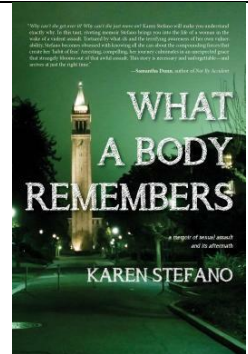
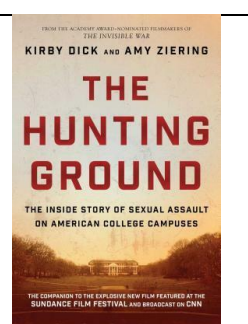
	<p>moderators and getting on a first-name basis with the paparazzi ("Hi Gale!"), Jennette is riddled with anxiety, shame, and self-loathing, which manifest into eating disorders, addiction, and a series of unhealthy relationships.</p>	
	<p>Bestselling author Laurie Halse Anderson is known for the unflinching way she writes about, and advocates for, survivors of sexual assault. Now, inspired by her fans and enraged by how little in our culture has changed since her groundbreaking novel <i>Speak</i> was first published twenty years ago, she has written a poetry memoir that is as vulnerable as it is rallying, as timely as it is timeless. In free verse, Anderson shares reflections, rants, and calls to action woven between deeply personal stories from her life that she's never written about before. Described as powerful, captivating, and essential in the nine starred reviews it's received, this must-read memoir is being hailed as one of 2019's best books for teens and adults. A denouncement of our society's failures and a love letter to all the people with the courage to say #MeToo and #TimesUp, whether aloud, online, or only in their own hearts, <i>SHOUT</i> speaks truth to power in a loud, clear voice-- and once you hear it, it is impossible to ignore.</p>	<p>Mental illness, domestic violence</p>
	<p>Do you want to know how to bring secrets to light? How journalists can hold the powerful to account? And how to write stories that can make a difference? In <i>Chasing the Truth</i>, Pulitzer Prize winning journalists Jodi Kantor and Megan Twohey share their thoughts from their early days writing their first stories to their time as award-winning investigative journalists, offering tips and advice along the way. Adapted from their <i>New York Times</i> bestselling book <i>She Said</i>, <i>Chasing the Truth</i> not only tells the story of the culture-shifting Harvey Weinstein investigation, but it also shares their best practices with readers. This is the perfect book for aspiring journalists or anyone devoted to uncovering the truth.</p>	<p>Journalism</p>
	<p>Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Such experiences inevitably leave traces on minds, emotions, and even on biology. Sadly, trauma sufferers frequently pass on their stress to their partners and children.</p> <p>Renowned trauma expert Bessel van der Kolk has spent over three decades working with survivors. In <i>The Body Keeps the Score</i>, he transforms our understanding of traumatic stress, revealing how it literally rearranges the brain's wiring--specifically areas dedicated to pleasure, engagement, control, and trust. He shows how these areas can be reactivated through innovative treatments including neurofeedback, mindfulness techniques, play, yoga, and other therapies. Based on Dr. van der Kolk's own research and that of other leading specialists, <i>The Body Keeps the Score</i> offers proven alternatives to drugs and talk therapy--and a way to reclaim lives.</p>	<p>Healing, trauma</p>



	<p>The Roaring Twenties--the Jazz Age--has been characterized as a time of Gatsby frivolity. But it was also the height of the uniquely American hate group, the Ku Klux Klan. Their domain was not the old Confederacy, but the Heartland and the West. They hated Blacks, Jews, Catholics and immigrants in equal measure, and took radical steps to keep these people from the American promise. And the man who set in motion their takeover of great swaths of America was a charismatic charlatan named D.C. Stephenson.</p> <p>Stephenson was a magnetic presence whose life story changed with every telling. Within two years of his arrival in Indiana, he'd become the Grand Dragon of the state and the architect of the strategy that brought the group out of the shadows – their message endorsed from the pulpits of local churches, spread at family picnics and town celebrations. Judges, prosecutors, ministers, governors and senators across the country all proudly proclaimed their membership. But at the peak of his influence, it was a seemingly powerless woman – Madge Oberholtzer – who would reveal his secret cruelties, and whose deathbed testimony finally brought the Klan to their knees.</p>	<p>Violence, racism (intense violence and history of racism in Indiana and the rise of the KKK)</p>
	<p>Over two grim nights in Los Angeles, the young followers of Charles Manson murdered seven people, including the actress Sharon Tate, then eight months pregnant. With no mercy and seemingly no motive, the Manson Family followed their leader's every order-their crimes lit a flame of paranoia across the nation, spelling the end of the sixties. Manson became one of history's most infamous criminals, his name forever attached to an era when charlatans mixed with prodigies, free love was as possible as brainwashing, and utopia-or dystopia-was just an acid trip away. Twenty years ago, when journalist Tom O'Neill was reporting a magazine piece about the murders, he worried there was nothing new to say. Then he unearthed shocking evidence of a cover-up behind the official story, including police carelessness, legal misconduct, and potential surveillance by intelligence agents. When a tense interview with Vincent Bugliosi-prosecutor of the Manson Family, and author of <i>Helter Skelter</i>-turned a friendly source into a nemesis, O'Neill knew he was onto something. But every discovery brought more questions: Who were Manson's real friends in Hollywood, and how far would they go to hide their ties? Why didn't law enforcement, including Manson's own parole officer, act on their many chances to stop him? And how did Manson-an illiterate ex-con-turn a group of peaceful hippies into remorseless killers?</p>	<p>Racism, violence</p>
	<p>If Greer Walsh could only live inside her head, life would be easier. She'd be able to focus on excelling at math or negotiating peace talks between her best friend and . . . everyone else. She wouldn't spend any time worrying about being the only Kennedy High student whose breasts are bigger than her head. But you can't play volleyball inside your head. Or go to the pool. Or have confusingly date-like encounters with the charming new boy. You need an actual body for all of those things. And Greer is entirely uncomfortable in hers.</p> <p>Hilarious and heartbreakingly honest, <i>My Eyes Are Up Here</i> is a story of awkwardness and ferocity, of imaginary butterflies and</p>	<p>Body awareness, sexism</p>

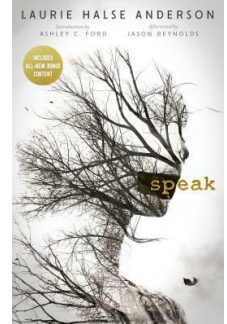
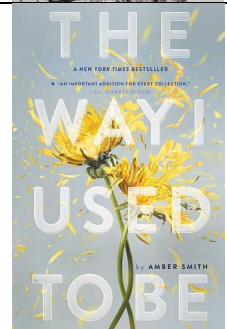
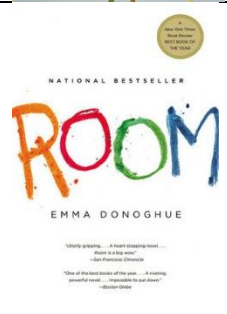
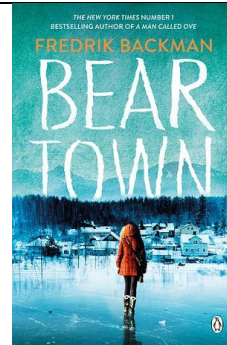
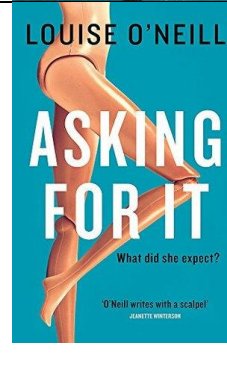


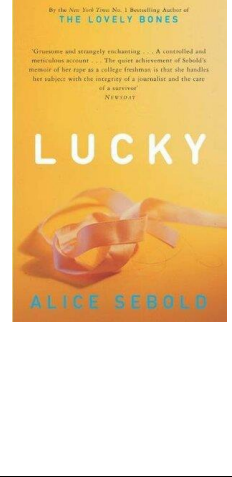
	rock-solid friends. It's the story of a girl finding her way out of her oversized sweatshirt and back into the real world.	
	<p>In <u><i>This Is Ear Hustle</i></u>, Nigel and Earlonne share their own stories of how they came to San Quentin, how they created their phenomenally popular podcast amid extreme limitations, and what has kept them collaborating season after season. They present new stories, all with the same insight, balance, and rapport that distinguish the podcast. In an era when more than two million people are incarcerated across the United States--a number that grows by 600,000 annually--Nigel and Earlonne explore the full and often surprising realities of prison life. With characteristic candor and humor, their moving portrayals include unexpected moments of self-discovery, unlikely alliances, inspirational resilience, and ingenious work-arounds.</p>	<p>Incarceration</p> <p>(great group or book club – podcast continues)</p>
	<p>In this valuable and revealing anthology, cultural critic and bestselling author Roxane Gay collects original and previously published pieces that address what it means to live in a world where women have to measure the harassment, violence, and aggression they face, and where they are “routinely second-guessed, blown off, discredited, denigrated, besmirched, belittled, patronized, mocked, shamed, gaslit, insulted, bullied” for speaking out. Contributions include essays from established and up-and-coming writers, performers, and critics, including actors Ally Sheedy and Gabrielle Union and writers Amy Jo Burns, Lyz Lenz, and Claire Schwartz. Covering a wide range of topics and experiences, from an exploration of the rape epidemic embedded in the refugee crisis to first-person accounts of child molestation, this collection is often deeply personal and is always unflinchingly honest. Like Rebecca Solnit's <u><i>Men Explain Things to Me</i></u>, <u><i>Not That Bad</i></u> will resonate with every reader, saying “something in totality that we cannot say alone.”</p>	<p>Variety of stories of survivors</p> <p>(Really powerful voices of survivors, great read for advocates)</p>
	<p><u><i>The Secret History of the Rape Kit</i></u> chronicles the story of one journalist's mission to uncover the story and woman behind an invention that transformed the lives of women the country over. As Pagan Kennedy peels back the layers behind the history of the kit and Marty's life, she falls into a deeper and deeper obsession. As she pursues this overlooked but critical story from our past, she dives into the inequities built into our patent system and our understanding of technological progress, the problematic and gendered history of forensics, and sexual forensics in particular, the misogyny that runs rampant in police departments, the legacy of Marty's invention and the failings that persist in how we prosecute rape. And, as Pagan unearths who Marty really was, and what happened to her, she reflects on her own experiences with sexual assault, and how one forgotten woman's legacy could have saved her, as it has so many.</p>	<p>Racism, medical content</p>

	<p>A heart-wrenching memoir of survival and hope, <u>Saving Five</u> boldly braids the story of Nguyen's activism—which resulted in Congress's unanimous passage of the Sexual Assault Survivors' Rights Act in 2016—with a second, beautifully imagined adventure, of Nguyen's younger selves as they—at ages five, fifteen, twenty-two, and thirty—navigate through dramatic incarnations of the emotional stages of her path toward healing, not only from her rape but from the violent turmoil of her childhood. The result is a groundbreaking work that seamlessly blends memoir with a moving journey toward acceptance and hope, forging a path ahead that is as inspiring as it is instructive</p>	<p>Panic attacks, medical trauma</p>
	<p><u>He says he loves you. So...why does he do that?</u></p> <p>You've asked yourself this question again and again. Now you have the chance to see inside the minds of angry and controlling men--and change your life. <u>In Why Does He Do That?</u> you will learn about:</p> <ul style="list-style-type: none"> - The early warning signs of abuse - The nature of abusive thinking - Myths about abusers - Ten abusive personality types - The role of drugs and alcohol - What you can fix, and what you can't - And how to get out of an abusive relationship safely 	<p><u>Domestic violence, racism</u></p>
	<p>On a summer night in 1984, nineteen-year-old UC Berkeley sophomore Karen Thomas leaves her uniformed patrol job and walks home alone in darkness. At the threshold of her apartment a man assaults her at knife point. After a soul-chilling struggle, she manages to escape.</p> <p>Though she is left traumatized by her assault and the subsequent trial of her attacker, she herself goes on to become a criminal defense lawyer, defending those accused of crimes as heinous as the one committed against her.</p> <p>Fast forward to 2014, thirty years after her assault, when her life, once again, appears to be crumbling. As she stumbles her way through the days navigating a dying marriage, devastating financial loss, and an elderly mother slipping into dementia, she becomes fascinated by her own anxiety and PTSD. Why does the body remember what the mind tries so desperately to forget? Her questions prompt a delayed obsession with her assailant: What became of him? What is he doing now? She begins a quest of excavation, determined to track him down.</p>	<p>Trauma recovery</p>
	<p>The Hunting Ground, the new documentary by award-winning filmmakers Kirby Dick and Amy Ziering, has taken this debate to a new level, becoming a galvanizing catalyst for discussion at the hundreds of campuses where the documentary is being screened each month. The film has sparked calls for legislation by Governor Andrew M. Cuomo of New York and other prominent public figures and sparked a backlash from university administrators, fraternities, and conservative groups.</p> <p>Now, in a new companion volume to the film, all those concerned about the "rape culture" on campus will be offered an inside</p>	<p>Title IX, College</p>

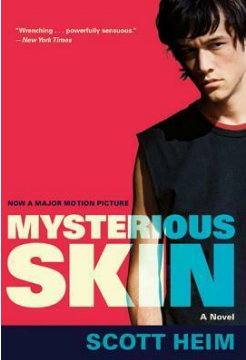
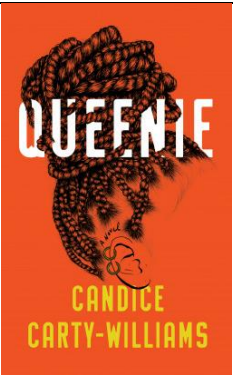
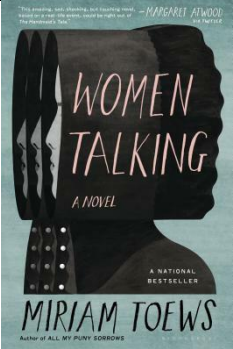


	<p>perspective on the controversy, as well as reactions to the film from a range of leading writers and guidance on how to learn more and get active. As in the film, it's the gripping personal stories told by female students--and the obstinate refusal of college administrators and law enforcement authorities to recognize the severity of the problem--that will rivet readers.</p>	
	<p>When Lauren Spierer--a gregarious young woman at a crossroads in her life--vanished from Indiana University, her story drew global attention from celebrities and news outlets such as People magazine, CNN, and USA Today. Lauren's disappearance wasn't just some random abduction. What makes the case so confounding is that the 20-year-old was out with dozens of classmates in a bustling university town on the night she went missing. She was seen in public by witnesses and security cameras, and ended up in a townhouse complex with several wealthy, well-connected male students--never to be seen again. Despite the media frenzy surrounding the case, the police investigation went nowhere and her body was never found.</p> <p>Armed with the support of Lauren's parents and never-before-seen evidence that chronicles a cover-up, a botched investigation, conflicting testimony, and new interviews, Cohen leads readers through a gripping narrative before finally shining a light on those often forgotten in true crime: the innocent people left behind. College Girl, Missing will take readers through a minute-by-minute recap of the last hours of Lauren's life, and ask the question: What happened to Lauren Spierer?</p>	<p>College town, disappearance, drug/alcohol involvement, unsolved</p> <p>(no direct sexual assault mention, sensational case)</p>
	<p>Focusing on cases of sexual assault from USA Gymnastics, Michigan State University, Penn State University, The Ohio State University, and the Catholic Church, interview after interview sheds compelling light on two powerful responses: that this question had not been previously asked and that survivor expectation of protection and support from the enabler-bystander was rarely, if ever, met. Clearly the perpetrator benefitted from the complicity of the enabler. From the survivor's perspective, both bear responsibility for their plight and must be held accountable. This book emphasizes individual and institutional enablers alike; in fact, armies of enablers. Guiora proposes legal, cultural, and social measures aimed at the enabler from the survivor's perspective. The proposed changes will address, and impact, both broader society and specific communities including higher education, elite athletics, sports organizations, religious institutions, law enforcement, the entertainment industry, and elected officials.</p>	<p>Catholic Church</p>
	<p>More than 1 in 5 women and 5 percent of men are sexually assaulted at college, a shocking status quo that might have stayed largely hidden and unaddressed but for the two authors of <u>We Believe You</u>. In 2013, Annie E. Clark and Andrea L. Pino, then 23 and 20, building on the work of earlier activists, outed themselves as assault survivors and filed a federal complaint against the University of North Carolina (Chapel Hill) for mishandling such crimes; within a month, the U.S. government began to investigate UNC. Within a year, dozens of colleges were under federal investigation.</p>	<p>Colleges</p>

	<p>A timeless novel about consent and finding the courage to speak up for yourself, the twentieth anniversary edition of the classic novel that has spoken to so many young adults now includes a new introduction by acclaimed writer, host, speaker, and cultural commentator Ashley C. Ford as well as an afterword by <u>New York Times</u>-bestselling author of <u>All American Boys</u> and <u>Long Way Down</u>, Jason Reynolds. This edition will also feature an updated Q&A, resource list, and essay and poem from Laurie Halse Anderson.</p>	<p>Bullying, self harm</p>
	<p>Told in four parts—freshman, sophomore, junior, and senior year—this provocative debut reveals the deep cuts of trauma. But it also demonstrates one young woman's strength as she navigates the disappointment and unbearable pains of adolescence, of first love and first heartbreak, of friendships broken and rebuilt, all while learning to embrace the power of survival she never knew she had hidden within her heart.</p>	<p>Suicidal thoughts, high school (excellent for understanding depths of trauma and behaviors of teens)</p>
	<p>Room is home to Jack, but to Ma, it is the prison where Old Nick has held her captive for seven years. Through determination, ingenuity, and fierce motherly love, Ma has created a life for Jack. But she knows it's not enough ... not for her or for him. She devises a bold escape plan, one that relies on her young son's bravery and a lot of luck. What she does not realize is just how unprepared she is for the plan to actually work.</p>	<p>Kidnapping, miscarriage</p>
	<p>Beartown by Fredrik Backman is a poignant and enlightening novel that will resonate deeply with readers who appreciate stories about the complexities of human relationships, the power of community, and the resilience of the human spirit, making it a perfect fit for fans of character-driven fiction and those who enjoy exploring the intricacies of small-town life.</p>	<p>Homophobia, bullying</p>
	<p>It's the beginning of the summer in a small town in Ireland. Emma O'Donovan is eighteen years old, beautiful, happy, confident. One night, there's a party. Everyone is there. All eyes are on Emma.</p> <p>The next morning, she wakes on the front porch of her house. She can't remember what happened, she doesn't know how she got there. She doesn't know why she's in pain. But everyone else does.</p> <p>Photographs taken at the party show, in explicit detail, what happened to Emma that night. But sometimes people don't want to believe what is right in front of them, especially when the truth concerns the town's heroes...</p>	<p>Suicidal thoughts, racism, body shaming</p>

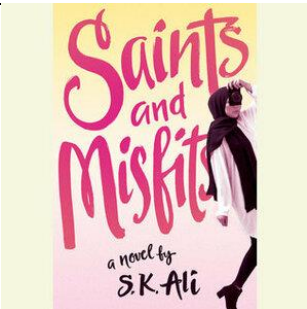
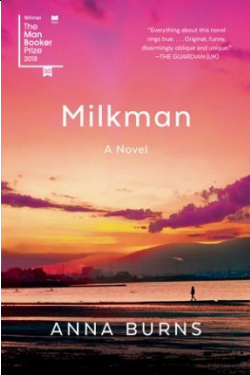
	<p>The critically acclaimed debut novel from Stephen Chbosky, Perks follows observant “wallflower” Charlie as he charts a course through the strange world between adolescence and adulthood. First dates, family drama, and new friends. Sex, drugs, and The Rocky Horror Picture Show. Devastating loss, young love, and life on the fringes. Caught between trying to live his life and trying to run from it, Charlie must learn to navigate those wild and poignant roller-coaster days known as growing up.</p>	<p>Mental illness, suicide, Banned book</p>
	<p>In a memoir hailed for its searing candour and wit, Alice Sebold reveals how her life was utterly transformed when, as an eighteen-year-old college freshman, she was brutally raped and beaten in a park near campus. What propels this chronicle of her recovery is Sebold's indomitable spirit as she struggles for understanding ('After telling the hard facts to anyone, from lover to friend, I have changed in their eyes'); as her dazed family and friends sometimes bungle their efforts to provide comfort and support; and as, ultimately, she triumphs, managing through grit and coincidence to help secure her attacker's arrest and conviction. In a narrative by turns disturbing, thrilling, and inspiring, Alice Sebold illuminates the experience of trauma victims even as she imparts wisdom profoundly hard-won: 'You save yourself or you remain unsaved'. "A rueful, razor-sharp memoir...Sebold tells what it's like to go through a particular kind of nightmare in order to tell what it's like slowly, bumpily, triumphantly to heal". (Sarah Kerr, "Vogue").</p>	<p>Drug use</p>
	<p>Meet Dolores Price. She's 13, wise-mouthed but wounded, having bid her childhood goodbye. Beached like a whale in front of her bedroom TV, she spends the next few years nourishing herself with the Mallomars, potato chips, and Pepsi her anxious mother supplies. When she finally rolls into young womanhood at 257 pounds, Dolores is no stronger and life is no kinder. But this time she's determined to rise to the occasion and give herself one more chance before "really going belly up."</p> <p>In this extraordinary coming-of-age odyssey, Wally Lamb invites us to hitch a wild ride on a journey of love, pain, and renewal with the most heartbreakingly comical heroine to come along in years. At once a fragile girl and a hard-edged cynic, so tough to love yet so inimitably lovable, Dolores is as poignantly real as our own imperfections. "She's Come Undone" includes a promise: you will never forget Dolores Price</p>	<p>Mental illness, eating disorder</p>
	<p>The publication of Dorothy Allison's "Bastard Out of Carolina" was a landmark event. The novel's profound portrait of family dynamics in the rural South won the author a National Book Award nomination and launched her into the literary spotlight. Critics have likened Allison to William Faulkner, Flannery O'Connor, and Harper Lee, naming her the first writer of her generation to dramatize the lives and language of poor whites in the South. Since its appearance, the novel has inspired an award-winning film and has been banned from libraries and classrooms, championed by fans, and defended by critics.</p> <p>Greenville County, South Carolina, is a wild, lush place that is home to the Boatwright family—a tight-knit clan of rough-hewn,</p>	<p>Racism, child death, alcoholism</p>



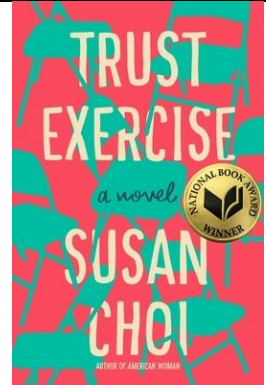
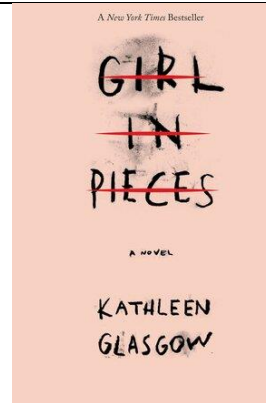

	<p>hard- drinking men who shoot up each other's trucks, and indomitable women who get married young and age too quickly. At the heart of this story is Ruth Anne Boatwright, known simply as Bone, a bastard child who observes the world around her with a mercilessly keen perspective. When her stepfather Daddy Glen, "cold as death, mean as a snake," becomes increasingly more vicious toward her, Bone finds herself caught in a family triangle that tests the loyalty of her mother, Anney-and leads to a final, harrowing encounter from which there can be no turning back.</p>	
	<p>At the age of eight Brian Lackey is found bleeding under the crawl space of his house, having endured something so traumatic that he cannot remember an entire five-hour period of time.</p> <p>During the following years he slowly recalls details from that night, but these fragments are not enough to explain what happened to him, and he begins to believe that he may have been the victim of an alien encounter. Neil McCormick is fully aware of the events from that summer of 1981. Wise beyond his years, curious about his developing sexuality, Neil found what he perceived to be love and guidance from his baseball coach. Now, ten years later, he is a teenage hustler, a terrorist of sorts, unaware of the dangerous path his life is taking. His recklessness is governed by idealized memories of his coach, memories that unexpectedly change when Brian comes to Neil for help and, ultimately, the truth.</p>	Homophobia, self harm
	<p>Queenie Jenkins is a 25-year-old Jamaican British woman living in London, straddling two cultures and slotting neatly into neither. She works at a national newspaper, where she's constantly forced to compare herself to her white middle class peers. After a messy break up from her long-term white boyfriend, Queenie seeks comfort in all the wrong places...including several hazardous men who do a good job of occupying brain space and a bad job of affirming self-worth.</p> <p>As Queenie careens from one questionable decision to another, she finds herself wondering, "What are you doing? Why are you doing it? Who do you want to be?"—all of the questions today's woman must face in a world trying to answer them for her.</p>	Racism, Police brutality
	<p>One evening, eight Mennonite women climb into a hayloft to conduct a secret meeting. For the past two years, each of these women, and more than a hundred other girls in their colony, has been repeatedly violated in the night by demons coming to punish them for their sins. Now that the women have learned they were in fact drugged and attacked by a group of men from their own community, they are determined to protect themselves and their daughters from future harm.</p> <p>While the men of the colony are off in the city, attempting to raise enough money to bail out the rapists and bring them home, these women—all illiterate, without any knowledge of the world outside their community and unable even to speak the language of the country they live in—have very little time to make a choice: Should they stay in the only world they've ever known or should they dare to escape?</p>	Amish

	<p>On an unnamed island country ten years after the collapse of a U.S.-supported regime, Lena suspects the powerful senator she was involved with back in her student activist days is taking advantage of a young woman who's been introducing him at rallies. When the young woman ends up dead, Lena revisits her own fraught history with the senator and the violent incident that ended their relationship.</p> <p>Why didn't Lena speak up then, and will her family's support of the former regime still impact her credibility? What if her hunch about this young woman's death is wrong?</p>	<p>Violence, power dynamics</p>
	<p>More than fifteen years after the events of <i>The Handmaid's Tale</i>, the theocratic regime of the Republic of Gilead maintains its grip on power, but there are signs it is beginning to rot from within. At this crucial moment, the lives of three radically different women converge, with potentially explosive results.</p> <p>Two have grown up as part of the first generation to come of age in the new order. The testimonies of these two young women are joined by a third voice: a woman who wields power through the ruthless accumulation and deployment of secrets.</p>	<p>Misogyny, Suicide</p>
	<p>In modern, beautiful Green City, the capital of South West Asia, gender selection, war and disease have brought the ratio of men to women to alarmingly low levels. The government uses terror and technology to control its people, and women must take multiple husbands to have children as quickly as possible. Yet there are women who resist, women who live in an underground collective and refuse to be part of the system. Secretly protected by the highest echelons of power, they emerge only at night, to provide to the rich and elite of Green City a type of commodity that nobody can buy: intimacy without sex. As it turns out, not even the most influential men can shield them from discovery and the dangers of ruthless punishment.</p> <p>This dystopian novel from one of Pakistan's most talented writers is a modern-day parable, <i>The Handmaid's Tale</i> about women's lives in repressive Muslim countries everywhere. It takes the patriarchal practices of female seclusion and veiling, gender selection, and control over women's bodies, amplifies and distorts them in a truly terrifying way to imagine a world of post-religious authoritarianism.</p>	<p>Medical content, suicide</p>
	<p>Three misfits come together to avenge the rape of a fellow classmate and in the process trigger a change in the misogynist culture at their high school transforming the lives of everyone around them in this searing and timely story.</p> <p>Grace Salter is the new girl in town, whose family was run out of their former community after her southern Baptist preacher mom turned into a radical liberal after falling off a horse and bumping her head.</p> <p>Rosina Suarez is the queer punk girl in a conservative Mexican immigrant family, who dreams of a life playing music instead of</p>	<p>Body shaming</p>



	<p>babysitting her gaggle of cousins and waitressing at her uncle's restaurant.</p> <p>Erin Delillo is obsessed with two things: marine biology and <u>Star Trek: The Next Generation</u>, but they aren't enough to distract her from her suspicion that she may in fact be an android.</p> <p>When Grace learns that Lucy Moynihan, the former occupant of her new home, was run out of town for having accused the popular guys at school of gang rape, she's incensed that Lucy never had justice. For their own personal reasons, Rosina and Erin feel equally deeply about Lucy's tragedy, so they form an anonymous group of girls at Prescott High to resist the sexist culture at their school, which includes boycotting sex of any kind with the male students.</p>	
	<p>There are three kinds of people in my world:</p> <ol style="list-style-type: none"> 1. Saints, those special people moving the world forward. Sometimes you glaze over them. Or, at least, I do. They're in your face so much, you can't see them, like how you can't see your nose. 2. Misfits, people who don't belong. Like me—the way I don't fit into Dad's brand-new family or in the leftover one composed of Mom and my older brother, Mama's-Boy-Muhammad. <p>Also, there's Jeremy and me. Misfits. Because although, alliteratively speaking, Janna and Jeremy sound good together, we don't go together. Same planet, different worlds. But sometimes worlds collide and beautiful things happen, right?</p> <ol style="list-style-type: none"> 3. Monsters. Well, monsters wearing saint masks, like in Flannery O'Connor's stories. <p>Like the monster at my mosque.</p>	<p>Death, Islamophobia</p>
	<p>In an unnamed city, middle sister stands out for the wrong reasons. She reads while walking, for one. And she has been taking French night classes downtown. So when a local paramilitary known as the milkman begins pursuing her, she suddenly becomes "interesting," the last thing she ever wanted to be. Despite middle sister's attempts to avoid him—and to keep her mother from finding out about her maybe-boyfriend—rumors spread and the threat of violence lingers. Milkman is a story of the way inaction can have enormous repercussions, in a time when the wrong flag, wrong religion, or even a sunset can be subversive. Told with ferocious energy and sly, wicked humor, Milkman establishes Anna Burns as one of the most consequential voices of our day.</p>	<p>Stalking, gun violence, animal death</p>


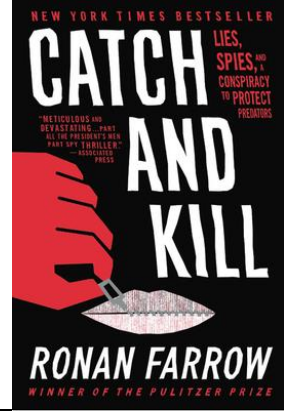
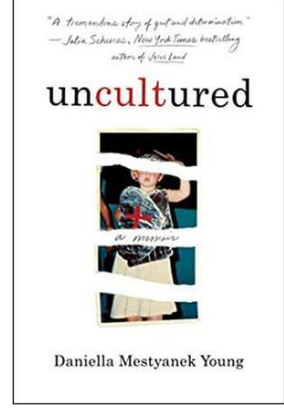


	<p>In an American suburb in the early 1980s, students at a highly competitive performing arts high school struggle and thrive in a rarified bubble, ambitiously pursuing music, movement, Shakespeare, and, particularly, their acting classes. When within this striving "Brotherhood of the Arts," two freshmen, David and Sarah, fall headlong into love, their passion does not go unnoticed--or untold--by anyone, especially not by their charismatic acting teacher, Mr. Kingsley.</p> <p>The outside world of family life and economic status, of academic pressure and of their future adult lives, fails to penetrate this school's walls--until it does, in a shocking spiral of events that catapults the action forward in time and flips the premise upside-down. What the reader believes to have happened to David and Sarah and their friends is not entirely true--though it's not false, either. It takes until the book's stunning coda for the final piece of the puzzle to fall into place--revealing truths that will resonate long after the final sentence.</p> <p>As captivating and tender as it is surprising, Susan Choi's <u>Trust Exercise</u> will incite heated conversations about fiction and truth, and about friendships and loyalties, and will leave readers with wiser understandings of the true capacities of adolescents and of the powers and responsibilities of adults.</p>	<p>Gun violence</p>
	<p>Charlotte Davis is in pieces. At seventeen she's already lost more than most people lose in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone forever. Or your mother, who has nothing left to give you.</p> <p>Every new scar hardens Charlie's heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge.</p>	<p>Self harm</p>
	<p>Almost seventeen, Rani Patel appears to be a kick-ass Indian girl breaking cultural norms as a hip-hop performer in full effect. But in truth, she's a nerdy flat-chested nobody who lives with her Gujarati immigrant parents on the remote Hawaiian island of Moloka'i, isolated from her high school peers by the unsettling norms of Indian culture where "husband is God." Her parents' traditionally arranged marriage is a sham. Her dad turns to her for all his needs--even the intimate ones. When Rani catches him two-timing with a woman barely older than herself, she feels like a widow and, like widows in India are often made to do, she shaves off her hair. Her sexy bald head and hard-driving rhyming skills attract the attention of Mark, the hot older customer who frequents her parents' store and is closer in age to her dad than to her. Mark makes the moves on her and Rani goes with it. He leads Rani into 4eva Flowin', an underground hip hop crew--and into other things she's never done. Rani ignores the red flags. Her naive choices look like they will undo her but ultimately give her the chance to discover her strengths and restore the things she thought she'd lost, including her mother.</p>	<p>Incest</p>

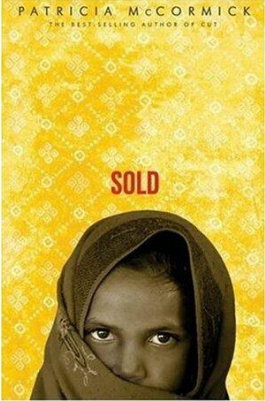
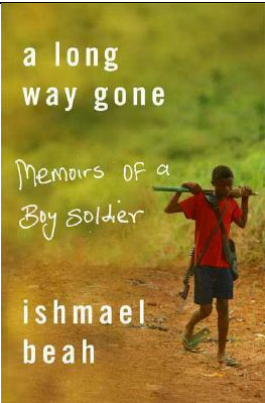


	<p>Sloane, Ardie, Grace, and Rosalita have worked at Truviv, Inc. for years. The sudden death of Truviv's CEO means their boss, Ames, will likely take over the entire company. Each of the women has a different relationship with Ames, who has always been surrounded by whispers about how he treats women. Those whispers have been ignored, swept under the rug, hidden away by those in charge.</p> <p>But the world has changed, and the women are watching this promotion differently. This time, when they find out Ames is making an inappropriate move on a colleague, they aren't willing to let it go. This time, they've decided enough is enough.</p> <p>Sloane and her colleagues' decision to take a stand sets in motion a catastrophic shift in the office. Lies will be uncovered. Secrets will be exposed. And not everyone will survive. All of their lives--as women, colleagues, mothers, wives, friends, even adversaries--will change dramatically as a result.</p> <p>If only you had listened to us," they tell us on page one of Chandler Baker's <i>Whisper Network</i>, "none of this would have happened.</p>	<p>Sexual harassment, Suicide</p>
	<p>When a woman unexpectedly loses her lifelong best friend and mentor, she finds herself burdened with the unwanted dog he has left behind. Her own battle against grief is intensified by the mute suffering of the dog, a huge Great Dane traumatized by the inexplicable disappearance of its master, and by the threat of eviction: dogs are prohibited in her apartment building.</p> <p>While others worry that grief has made her a victim of magical thinking, the woman refuses to be separated from the dog except for brief periods of time. Isolated from the rest of the world, increasingly obsessed with the dog's care, determined to read its mind and fathom its heart, she comes dangerously close to unraveling. But while troubles abound, rich and surprising rewards lie in store for both of them.</p> <p>Elegiac and searching, <i>The Friend</i> is both a meditation on loss and a celebration of human-canine devotion.</p>	<p>Trafficking, Animal cruelty</p>
	<p>They were on a lark, three teenage girls speeding across the greens at night on a "borrowed" golf cart, drunk. The cart crashes and one of the girls lands violently in the rough, killed instantly. The driver, Jo, flees the hometown that has turned against her and enrolls at a prestigious boarding school. Her past weighs on her. She is responsible for the death of her best friend. She has tipped her parents' rocky marriage into demise. She is ready to begin again, far away from the accident.</p> <p>Taut, propulsive, and devastating, <i>His Favorites</i> reveals the interior life of a young woman determined to navigate the treachery in a new world. Told from her perspective many years later, the story coolly describes a series of shattering events and the system that failed to protect her. Walbert, who brilliantly explored a century of women's struggles for rights and recognition in her award-winning <i>A Short History of Women</i>, limns the all-too-common violations of vulnerability and aspiration in the lives of young women in this suspenseful short novel. From the publisher of the classic <i>A Separate Peace</i>, <i>His Favorites</i> is an urgent book by a "wickedly smart writer" (<i>The New York Times Book Review</i>) whose work is "fascinating, moving and significant" (<i>The Washington Post</i>).</p>	<p>Domestic violence, Cannibalism</p>

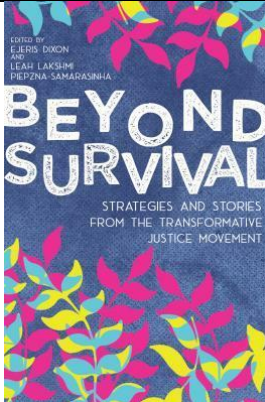



	<p>In Khaled Hosseini's best-selling novel <i>The Kite Runner</i> (Riverhead Books, 2003), Hosseini shows us an Afghanistan rich in tradition and culture and an Afghanistan torn apart by war and political strife. We see Muslims who are not so different from Christians or Jews. In <i>In Search of the Kite Runner</i> looks at the basic themes that make <i>The Kite Runner</i> such a fascinating and thought-provoking story and that make it personal for anyone who has ever wished for a chance to do something over. Written from a Christian perspective, <i>In Search of the Kite Runner</i> begins with the rudiments of Islamic faith and the Islam of Afghanistan. The author likens the struggles of <i>The Kite Runner</i>'s characters and those of other literary figures to the struggles and stories of biblical patriarchs. She brings to light the complexities of interpersonal and intrafamily relationships and examines the impact that power, guilt, and the quest for forgiveness and redemption can have on our lives. Exploring both the individual and the collective basis for doing good, Hayes probes our perceptions about what it means to be religious and what it means to be human. From the Popular Insights series.</p>	<p>Male, Banned</p>
	<p>In 2017, a routine network television investigation led to a story only whispered about: one of Hollywood's most powerful producers was a predator, protected by fear, wealth, and a conspiracy of silence. As Farrow drew closer to the truth, shadowy operatives, from high-priced lawyers to elite war-hardened spies, mounted a secret campaign of intimidation, threatening his career, following his every move, and weaponizing an account of abuse in his own family. This is the untold story of the exotic tactics of surveillance and intimidation deployed by wealthy and connected men to threaten journalists, evade accountability, and silence victims of abuse. And it's the story of the women who risked everything to expose the truth and spark a global movement</p>	<p>Hollywood</p>
	<p>Behind the tall, foreboding gates of a commune in Brazil, Daniella Mestyanek Young was raised in the religious cult <i>The Children of God</i>, also known as <i>The Family</i>, as the daughter of high-ranking members. Her great-grandmother donated land for one of <i>The Family</i>'s first communes in Texas. Her mother, at thirteen, was forced to marry the leader and served as his secretary for many years. Beholden to <i>The Family</i>'s strict rules, Daniella suffers physical, emotional, and sexual abuse—masked as godly discipline and divine love—and is forbidden from getting a traditional education.</p> <p>At fifteen years old, fed up with <i>The Family</i> and determined to build a better and freer life for herself, Daniella escapes to Texas. There, she bravely enrolls herself in high school and excels, later graduating as valedictorian of her college class, then electing to join the military to begin a career as an intelligence officer, where she believes she will finally belong.</p> <p>But she soon learns that her new world—surrounded by men on the sands of Afghanistan—looks remarkably similar to the one she desperately tried to leave behind.</p> <p>Told in a beautiful, propulsive voice and with clear-eyed honesty, <i>Uncultured</i> explores the dangers unleashed when</p>	<p>Religious extremism, cult, incest, physical abuse, military experience</p>



	harmful group mentality goes unrecognized, and is emblematic of the many ways women have to contort themselves to survive.	
	<p>Lakshmi is a thirteen-year-old girl who lives with her family in a small hut in the mountains of Nepal. Her family is desperately poor, but her life is full of simple pleasures, like raising her black-and-white speckled goat, and having her mother brush her hair by the light of an oil lamp. But when the harsh Himalayan monsoons wash away all that remains of the family's crops, Lakshmi's stepfather says she must leave home and take a job to support her family.</p> <p>He introduces her to a glamorous stranger who tells her she will find her a job as a maid working for a wealthy woman in the city. Glad to be able to help, Lakshmi undertakes the long journey to India and arrives at "Happiness House" full of hope. But she soon learns the unthinkable truth: she has been sold into prostitution.</p> <p>An old woman named Mumtaz rules the brothel with cruelty and cunning. She tells Lakshmi that she is trapped there until she can pay off her family's debt – then cheats Lakshmi of her meager earnings so that she can never leave.</p> <p>Lakshmi's life becomes a nightmare from which she cannot escape. Still, she lives by her mother's words – "Simply to endure is to triumph" – and gradually, she forms friendships with the other girls that enable her to survive in this terrifying new world. Then the day comes when she must make a decision – will she risk everything for a chance to reclaim her life?</p> <p>Written in spare and evocative vignettes, this powerful novel renders a world that is as unimaginable as it is real, and a girl who not only survives but triumphs.</p>	<p>Human trafficking, Banned</p> <p>(would be an excellent book group, international trafficking, Nepali/Indian trafficking – cultural humility, rural poverty)</p>
	<p>This is how wars are fought now: by children, hopped-up on drugs and wielding AK-47s. Children have become soldiers of choice. In the more than fifty conflicts going on worldwide, it is estimated that there are some 300,000 child soldiers. Ishmael Beah used to be one of them.</p> <p>What is war like through the eyes of a child soldier? How does one become a killer? How does one stop? Child soldiers have been profiled by journalists, and novelists have struggled to imagine their lives. But until now, there has not been a first-person account from someone who came through this hell and survived.</p> <p>In <u><i>A Long Way Gone</i></u>, Beah, now twenty-five years old, tells a riveting story: how at the age of twelve, he fled attacking rebels and wandered a land rendered unrecognizable by violence. By thirteen, he'd been picked up by the government army, and Beah, at heart a gentle boy, found that he was capable of truly terrible acts.</p> <p>This is a rare and mesmerizing account, told with real literary force and heartbreaking honesty.</p>	<p>War, child soldier</p>



	<p>Transformative justice seeks to solve the problem of violence at the grassroots level, without relying on punishment, incarceration, or policing. Community-based approaches to preventing crime and repairing its damage have existed for centuries. However, in the punitive atmosphere of contemporary criminal justice systems, they are often marginalized and operate under the radar. Beyond Survival puts these strategies front and center as real alternatives to today's failed models of confinement and "correction."</p> <p>In this collection, a diverse group of authors focuses on concrete and practical forms of redress and accountability, assessing existing practices and marking paths forward. They use a variety of forms--from toolkits to personal essays--to delve deeply into the "how to" of transformative justice, providing alternatives to calling the police, ways to support people having mental health crises, stories of community-based murder investigations, and much more. At the same time, they document the history of this radical movement, creating space for long-time organizers to reflect on victories, struggles, mistakes, and transformations.</p>	<p>Transformative justice</p>
	<p><u>Part memoir, part self-help book, <i>So Much For Love</i> offers hilarious and empathetic advice on how to survive a relationship with a master manipulator.</u></p> <p>Sophie had always been cynical about love—until she meets Marcus. His affection and doting praise melt away her defenses. The beginning of their relationship was a whirlwind romance, but over time she finds herself on uneven footing. Marcus lies. He's violently angry and bewilderingly inconsistent. Yet somehow he always manages to explain away his behavior and to convince Sophie that it's all in her head.</p> <p>The whiplash of this toxic relationship has Sophie's head spinning. When she hits rock bottom, she fights her way out with fierce honesty, irreverent humor, and the help of Chocolate, a wisecracking, booze-drinking bear.</p>	<p>Toxic relationship, domestic violence</p>