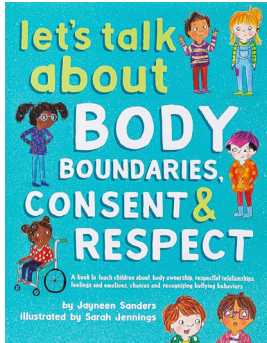


RESTORE RESOURCES:

Empowerment Tools for Bodies & Consent



Let's Talk About Body, Boundaries, Consent & Respect

By Jayneen Sanders

Available through The Owl Library System

Ages 4-7

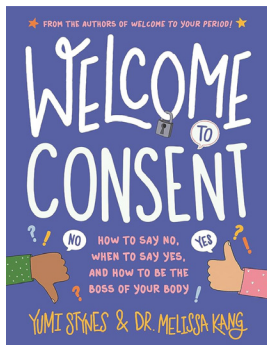


Consent (For Kids!): Boundaries, Respect, And Being In Charge Of You

By Rachel Brian

Available through The Owl Library System

Ages 5-9

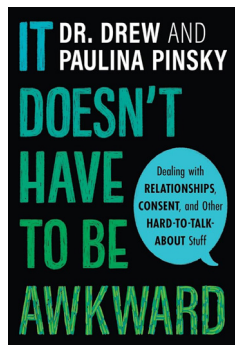


Welcome To Consent: How To Say No, When To Say Yes, And How To Be The Boss Of Your Own Body

By Yumi Stines and Dr. Melissa Kang

Available through The Owl Library System

Ages 10-14



It Doesn't Have To Be Awkward: Dealing With Relationships Consent And Other Hard-To-Talk About Stuff

By Dr. Drew and Paulina Pinsky

Available through The Owl Library System

Ages 12+



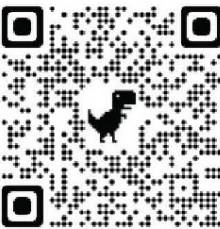
ADDITIONAL RESOURCES



KIDS-ASK.ORG

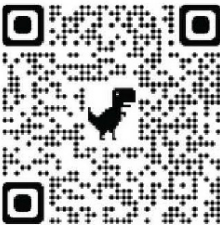
Crafting answers to curious questions.

When it comes to talking about sex and relationships, you are your child's best teacher. We know kids are curious! Research shows that having a trusted adult to talk to can help young people develop self-esteem, have healthy relationships, and make informed decisions.



MENTALHEALTHEDNYS.ORG

For the 2023-2024 school year, we have collected a variety of resources that support mental health and wellness in K-12 schools and at home.



JOINONELOVE.ORG

One love foundation is a national non-profit organization with the goal of ending relationship abuse. We empower young people with the tools and resources they need to see the signs of healthy and unhealthy relationships and bring life-saving prevention education to their communities.