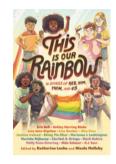


#### This Is Our Rainbow: 16 Stories of Her, Him, and Us

Edited by Katherine Locke & Nicole Melleby

#### Best for ages 8-12

From wind-breathing dragons to first crushes, This Is Our Rainbow features story after story of joyful, proud LGBTQA+ representation. You will fall in love with this insightful, poignant anthology of queer fantasy, historical, and contemporary stories.



#### Pink, Blue, and You!

By Elise Gravel & Mykaell Blais

#### Best for ages 4-8

With its simple language, colorful illustrations, engaging backmatter that showcases how "appropriate" male and female fashion has changed through history, and even a poster kids can hang on their wall, here is the ideal tool to help in conversations about a multi-layered and important topic.



# Gay & Lesbian History for Kids: The Century-Long Struggle for LGBT Rights, With 21 Activities

By Jerome Pohlen

#### Best for ages 9-12

This up-to-date history includes the landmark Supreme Court decision making marriage equality the law of the land. 21 activities enliven the history and demonstrate the spirited ways the LGBT community has pushed for positive social change.



#### I Love My Colorful Nails

By Alicia Acosta & Luis Amavisca

#### Best for ages 4-6

This is a story inspired by true events. Ben is a little boy, and he likes painting his nails. There's no big reason to it, he just loves all the amazing colors on the tips of his fingers. Until one day, some of his schoolmates start laughing at him because of it. Why can't boys paint their nails? A tale to understand that a kid's joy has no boundaries.





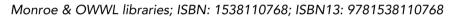


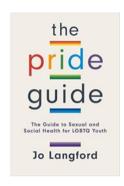
## LGBTQ+ Sexual Health Reading List

# The Pride Guide: A Guide to Sexual and Social Health for LGBTQ Youth

### By Jo Longford

Parents and other supportive adults who are motivated to educate themselves and who are interested in gaining some tools and skills around making these necessary conversations less uncomfortable and more effective will benefit from this book.



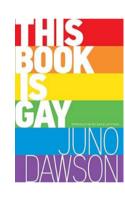


### This Book is Gay

#### By Juno Dawson

There's a long-running joke that, after "coming out," a lesbian, gay guy, bisexual, or trans person should receive a membership card and instruction manual. THIS IS THAT INSTRUCTION MANUAL. You're welcome. This book is good for anyone with questions, parents of gay kids, and other LGBT youth Educators looking for advice about the LGBTQIA+ community.

Monroe, Nioga & OWWL libraries; ISBN: 1492617830; ISBN13: 9781492617839



#### Queer

### By Kathy Belge & Mark Bieschke

Queer is a humorous, engaging, and honest guide that helps LGBT teens come out to friends and family, navigate their new LGBT social life, figure out if a crush is also queer, and rise up against bigotry and homophobia. Queer also includes personal stories from the authors and sidebars on queer history. It's a must-read for any teen who thinks they might be queer — or knows someone who is.

Monroe, Nioga & OWWL libraries; ISBN: 1541578589; ISBN13: 9781541578586





restoresas.org 24-Hour Hotline: 585-546-2777

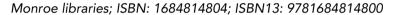


## LGBTQ+ Sexual Health Reading List

# Queer Cheer: Activities, Advice, and Affirmations for LGBTQ+ Teens

### By Eric Rosswood & Jodie Anders

A positive affirmations book for all gay teens, *Queer Cheer* provides advice and words of wisdom encouraging teens to find — and keep — their inner rainbow. Covering topics relevant to lgbt+ teens today, this book includes everything ranging from bullies and discrimination to acceptance and advocating change.





### By Juno Dawson

The companion title to the groundbreaking *This Book Is Gay, What's the T?* tackles the complex realities of growing up trans with honesty and humor and is joyfully illustrated by gender non-conforming artist Soofiya.

Monroe, Nioga & OWWL libraries; ISBN: 1728254035; ISBN13: 9781728254036

# It's Totally Normal!: An LGBTQIA+ Guide to Puberty, Sex, and Gender

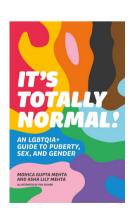
### By Monica Gupta Mehta

An LGBTQIA inclusive relationship and sex education guide written specifically for queer teens. Expect coverage of puberty, sex and protection, as well as chapters on relationships, conflict resolution and consent. Candid, informative, and funny — this guide breaks all the taboos.

Monroe & OWWL libraries; ISBN: 1839973552; ISBN13: 9781839973550











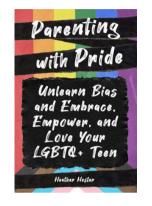
## Parenting LGBTQ+ Kids and Teens Reading List

# Parenting with Pride: Unlearn Bias and Embrace, Empower, and Love Your LGBTQ+ Teen

By Eric Rosswood & Jodie Anders

The ultimate LGBTQ parenting handbook, guiding parents and caregivers through transformative steps of Embrace, Educate, Empower, and Love so they can support their teen with open arms and hearts.

Monroe & OWWL libraries: ISBN: 164170912X: ISBN13: 978-1641709125

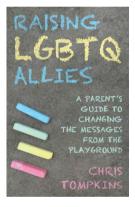


# Raising LGBTQ Allies: A Parent's Guide to Changing the Messages from the Playground

#### By Chris Tompkins

Raising LGBTQ Allies sheds light on the deeper, multi-faceted layers of homophobia. It opens up a conversation with parents around the possibility they may have an LGBTQ child, and shows how heteronormativity can be harmful if not addressed clearly and early. Although not every parent will have an LGBTQ child, their child will jump rope or play tag with a child who is LGBTQ.

Monroe, Nioga & OWWL libraries; ISBN: 1538136260; ISBN13: 978-1538136263

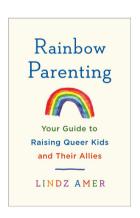


### **Rainbow Parenting**

#### By Lindz Amer

Rainbow Parenting is an indispensable stepping stone for adults who want to raise and teach kids in a queer and gender-affirming way, but might not know how. Lindz Amer, the creator of Queer Kid Stuff, an award-winning LGBTQ+ educational web series for children and families, is an expert guide, leading readers through practical applications, important LGBTQ+ history, key lessons in intersectionality, pronouns, social justice, and more. Divided by sections that address kids' individual ages—from infancy to kindergarten—this joyful and approachable book shares a bit of hope and starts with the understanding that anyone can spread queer joy.

Monroe libraries; ISBN: 1250836484; ISBN13: 978-1250836489





restoresas.org 24-Hour Hotline: 585-546-2777

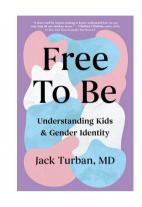


## Parenting LGBTQ+ Kids and Teens Reading List

#### FREE TO BE: UNDERSTANDING KIDS & GENDER IDENTITY

By Jack Turban

Free to Be is a comprehensive deep dive by internationally renowned child and adolescent psychiatrist Dr. Jack Turban into the science, medicine, and politics of gender identity. You will be immersed in the lives of three trans and gender diverse youth — Meredith, Kyle, and Sam — as they navigate their gender identities, make decisions around gender-affirming medical and psychological care, and confront an overwhelming political and social terrain.

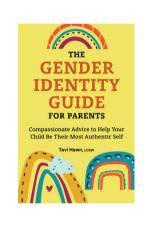


Monroe Nioga & OWWL libraries; ISBN: 1668017040; ISBN13: 9781668017043

## THE GENDER IDENTITY GUIDE FOR PARENTS: COMPASSIONATE ADVICE TO HELP YOUR CHILD BE THEIR MOST AUTHENTIC SELF

By Tavi Hawn

Talking with your child about gender identity can seem overwhelming — but with the right guidance, you can have healthy conversations and create an affirming environment for them as they grow. Whether your child is cisgender, gender expansive, transgender, or still unsure, this guide provides practical advice and strategies to help you embrace them for who they are and support them as they approach puberty.



Monroe libraries; ISBN: 1492617830; ISBN13: 9781492617839

## AMERICAN TEENAGER: HOW TRANS KIDS ARE SURVIVING HATE AND FINDING JOY IN A TURBULENT ERA

By Nico Lang

Media coverage tends to sensationalize the fight over how trans kids should be allowed to live, but what is incredibly rare are the voices of the people at the heart of this debate: transgender and gender nonconforming kids themselves.

Monroe Nioga & OWWL libraries; ISBN: 1419773828; ISBN13: 978-1419773822





restoresas.org 24-Hour Hotline: 585-546-2777